

## Registration Form

Check One:

- Individual (\$95 OR \$350 option)
- Team \$2500 up to 20 students from SAME school/program. Attach roster.

<b>Name:</b>
<b>Address:</b>
<b>City/State/Zip:</b>
<b>Phone/Cell:</b>
<b>School Attending/Age:</b>
<b>Cancellation Policy:</b> Participants who must leave due to illness, injury or family will receive a prorated refund.
<b>Insurance:</b> Provided through USA Wrestling Card.
<b>Eligibility:</b> Any person 8-18 years of age can attend. The signature below indicates parental permission.
<b>Signature of Parent or Guardian</b>

Detach form and send with payment to:

Nations Best Wrestling  
c/o Khris Whelan  
1129 Warren Street  
Alton, IL 62002

## Biography of Khris Whelan

### The Founder and Director of Nations Best

Coach Whelan has been involved in the sports of wrestling and Judo for over forty years. As a competitor he had a stellar career by not only winning state titles in Illinois, but was also a five time finalist and four time Jr. National Champion (three time Greco and first and second in freestyle) in Fargo. At the age of fifteen, he was an alternate (third man) on the United States Olympic Greco Team. He was also a Judo National Champion and holds a third degree black belt in Judo. As a coach for over twenty-five years, he has coached all levels of the sport of wrestling. At the grassroots level, he was responsible for the Northwest Region of England where he coached numerous Cadets and Jr. World standouts at the international level. He was also the National Coach for both men and women's Freestyle team in Great Britain from 1994-1997.

On the college level Coach Whelan was the Head Assistant Coach at the University of Missouri where he produced eight Division I All-Americans. Now at the High School level, Whelan has produced numerous state place winners and State Champions at Hazelwood Central High School, Cahokia High School, Althoff High School, and currently at Granite City High School. For the past twelve years he has brought the Nation's Best of the best to the St. Louis area to teach at his camps including Terry Brands, John Smith, Kevin Jackson, Rob Herman, Brian Smith, Granite Taropin (former USSR), Nick Purler, and Tony Purler- just to name a few. He was also the former Head Coach at SIUE from 2004-2007.

Coach Whelan was a Division I, two-time All-American and Midlands Champion at the University of Missouri. He was inducted into the Illinois Wrestling Hall of Fame in 2001.

# NATIONS BEST

## WRESTLING ACADEMY

[www.nationsbestwrestling.com](http://www.nationsbestwrestling.com)

## 2010 Main Clinicians



### Khris Whelan

Former Head Coach for SIUE  
2-time All-American at Mizzou  
94-96 British National Team Coach  
US Judo National Champion  
1976 Olympic Alternate



### Jon Ott

2 time Missouri State Champion  
3 time Academic All Big Ten-Northwestern  
University Nationals All-American-Freestyle  
University Nationals All-American-Greco

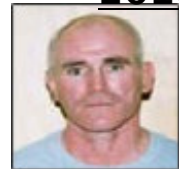
### Tony Doerr

2 time Mo. State Champion- Hazelwood  
Central High School  
All Navy Greco Roman Champion

### Emanuel Brooks

NJCAA National Champ. In 149lbs  
Lincoln College  
All State- Cahokia H.S., Cahokia, Illinois  
Starter at Mizzou at 157lbs & 174lbs

## 2010 Guest Clinicians



### Jerry Kelly

2-time All-American for Oklahoma State  
Holds take down record at OSU  
2-time Illinois State Champ  
Former Head Coach McMurray College



### Mike Hagerty

Head Coach, Blue Springs High School  
Former Head Coach at CMSU USA  
Olympic Coaching Staff for 2000  
Head Coach of 02' USA World Team



### Gary Mayabb

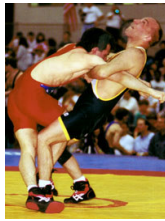
Former Head Coach, Oak Park High School  
Missouri National Team Coach  
6x Greco Roman World Team Coach  
4x All-American



### Rob Herman

96'-00" USA Olympic Greco Roman Coach  
US Navy Team Coach  
World Team Member 83'-84'  
World Team Coach  
National Hall of Fame member

## 2010 Guest Clinicians



### Ed Giese

Head Clinician at Overtime WC, Chicago, Illinois  
Head Assistant Coach - Northwestern Univ.  
Head Assistant Coach - Univ. of North Dakota  
Assistant Coach - University of Minnesota  
2 NCAA Champions  
16 NCAA All-Americans  
4th place team at both the NCAA Division I and  
Division II Championships  
Member of USAW National Coaches Pool  
Coached National Teams in: Russia, Iran, Turkey,  
Ukraine, Cuba, Norway, Greece, and Venezuela



### Chris Bono

NCAA Champion 1996  
Assistant Head Coach-Iowa State Univ.  
Head Coach- Tennessee-Chattanooga  
Three-time All-American  
U.S. World Champ Team 01,02, & 05  
Won U.S. National titles in 03 & 05

# Nations Best 2010 Academy

- \* Training starts March 8th and goes through July 24th
- \* Four sessions per week with Main Clinicians at CBC and SLUH
- \* Registration fee for Academy includes additional monthly clinic with guest clinicians and USA Wrestling Card
- \* Teams are welcome

- \* Sessions held at CBC on Mondays and Wednesdays and at SLUH on Tuesdays and Thursdays from 6:30-8:30p.m.
- \* Only \$95 per month (this includes four sessions per week for an entire month)
- \* Optional Individual sign-up of \$350 for entire program
- \* \$2500 total per team of up to 20 wrestlers for all 5 months
- \* Fee includes monthly clinics with guest clinicians held on:
  - \* March 20th (8-noon @ CBC)
  - \* April 17th (8-noon @ SLUH)
  - \* May 22nd (8-noon @ CBC)
  - \* June 19th (8-noon @ SLUH)
  - \* three day clinic in July TBA

### For Questions:

Khris Whelan (314) 504-4530

Jon Ott (314) 458-9330

Rocky Streb (636) 949-4937

Or Visit us anytime at our website:

[www.nationsbestwrestling.com](http://www.nationsbestwrestling.com)